Non-parametric Test Analysis on a Questionnaire Investigation for Rare Sugars

Yasuo Ishii¹, Hiromasa Takeyasu², Daisuke Takeyasu³ & Kazuhiro Takeyasu⁴

Correspondence: Kazuhiro Takeyasu, Tokoha University, Hamamatsu, Japan.

Received: June 16, 2018 Accepted: July 5, 2018 Online Published: July 18, 2018

Abstract

The Rare Sugars exist naturally and have many kinds (more than 50). They have good effect for health such as prevention of increasing the blood-sugar level after eating, suppression of fat accumulation, suppression of increasing the blood pressure, and anti-oxidative effect etc. It is in the spotlight for many people especially for those who are in the metabolic syndrome. There are few related papers concerning the marketing research and its utilization of this matter. In this paper, a questionnaire investigation is executed to the student of Kagawa Junior College in order to clarify consumers' current condition and their consciousness, and to seek the possibility of utilizing the Rare Sugars. Fundamental statistical analysis and Non-Parametric Test Analysis are performed. Some interesting and instructive results were obtained.

Keywords: rare sugars, health, consumer, non-parametric test

1. Introduction

The Rare Sugars' study has launched on 1980th by Professor Takeshi Izumori (Kagawa University). The way to the mass production was developed by the method of enzymatic reaction. The International Society of Rare Sugars was established in 2001. Local government of Kagawa Prefecture comes to assist this research activity on this big innovation newly born in Kagawa Prefecture. The Rare Sugars have advantage that a blood-sugar level does not increase so much after eating, in spite of it being a sugar. And it also holds the upturn of the blood pressure. Therefore it is expected as a new functional material for the prevention of metabolic syndrome.

By the way, one kind of the Rare Sugar D-psicose has the following characteristics.

- 1 a sweetening made by the natural starch
- 2 non calorie and its sweetness is 70% to those of sugar
- ③ organoleptic property of coolness and sharpness in taste

Many medical research papers are published on the Rare Sugars as follows.

Analysis of the function of D-psicose; (Hossain, M.A., et al., 2011; Hayashi, N., et al., 2010; Iida, T., et al., 2010; Miyanishi, N., et al., 2008; Suna, S., et al., 2007; Murao, K., et al., 2007)

Analysis of the function of D-allose; (Yamada, K., et al., 2012; Nakamura, T., et al., n.d.; Kajikawa, T., et al., 2010; Hirata, Y., et al., 2009; Mitani, T., et al., 2009; Yamaguchi, F., et al., 2008; Yamaguchi, F., et al., 2008; Sui, L., et al., 2007)

On the other hand, these are few papers analyzed by the viewpoint from consumers. The Rare Sugars is good for the health and is sold in the market as a sweetening, seasoning or functional ingredient for food.

In this paper, a questionnaire investigation is executed to the student of Kagawa Junior College in order to clarify the recognition level among consumers and to pursue the future possibility of the Rare Sugars. Basic statistical analysis and Non-Parametric Test are conducted.

¹ Yamato University, Japan

² Kagawa Junior College, Utazu, Kagawa, Japan

³ The Open University of Japan, Japan

⁴ Tokoha University, Hamamatsu, Japan

The rest of this paper is organized as follows. In section 2, outline of the questionnaire investigation and its basic statistical results are exhibited. After that, Non-Parametric Test is performed in section 3, which is followed by the conclusion of section 4.

2. Outline and the Basic Statistical Results of the Questionnaire Research

2.1 Outline of the Questionnaire Research

A questionnaire investigation is executed to the student of Kagawa Junior College in order to clarify the recognition level among consumers and to pursue the future possibility of the Rare Sugars. The outline of the questionnaire research is as follows. The questionnaire sheet is attached in Appendix.

(1) Scope of investigation : Student of Kagawa Junior College

(2) Period : April-June 2015
 (3) Method : Leave until called for
 (4) Collection : Number of distribution 186

Number of collection 186 (collection rate 100.0%)

Valid answer 186

2.2 Basic Statistical Results

Now, we show the main summary results by single variable.

Table 1. The main summary results by single variable

		Answerers	Share (%)
	Male	19	11.0
Q32 Sex	Female	154	89.0
	Total	173	100.0
	~19	139	80.3
O22 A ga	20~29	33	19.1
Q33 Age	50~59	1	0.6
	Total	173	100.0
	Student	171	98.8
O24 Occupation	Housewife	1	0.6
Q34 Occupation	Not filled in	1	0.6
	Total	173	100.0
Q25 Do you take interest	Think it very much	65	38.0
	Slightly think so	52	30.4
	Cannot say either	24	14.0
in a diet?	Slightly do not think so	15	8.8
	Do not think so	15	8.8
	Total	171	100
	Think it very much	21	12.2
	Slightly think so	64	37.4
Q26 Are you careful for	Cannot say either	65	38.0
the health?	Slightly do not think so	15	8.8
	Do not think so	6	3.5
	Total	171	100

(1) Q1 Do you know the Rare Sugars?

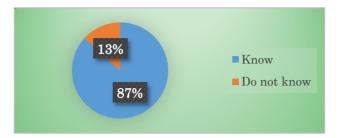


Figure 1. Q1 Do you know the Rare Sugars?

(2) Q6 Have you drunk or eaten the food which includes the Rare Sugar?

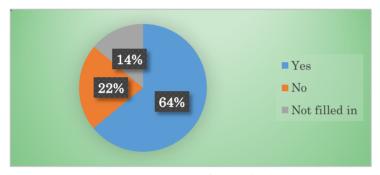


Figure 2. Q6 Have you drunk or eaten the food which includes the Rare Sugar?

(3) Q7 Was the Rare Sugar effective after using it for more than one month?

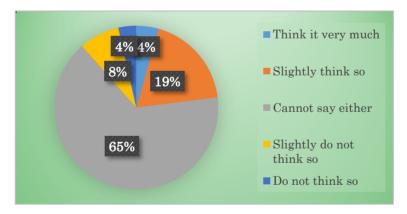


Figure 3. Q7 Was the Rare Sugar effective after using it for more than one month?

(4) Q8 Do you want to try to eat or drink the food in which the Rare Sugar is included?

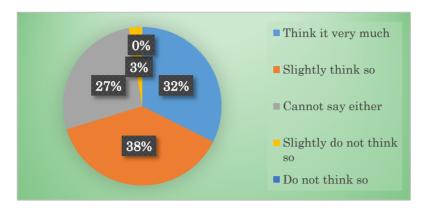


Figure 4. Q8 Do you want to try to eat or drink the food in which the Rare Sugar is included?

(5) Q10-15 How do you want to use the Rare Sugar?

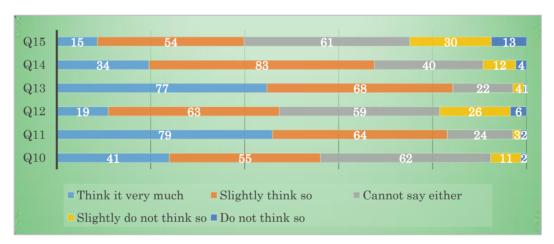


Figure 5. Q10-15 How do you want to use the Rare Sugar?

(6) Q16-22 Do you have a question (doubt) or anxiety for the Rare Sugar?

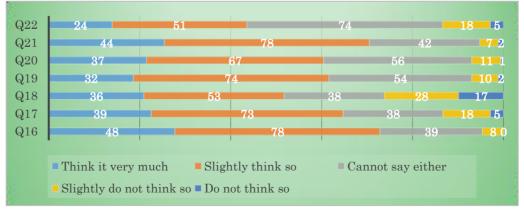


Figure 6. Q16-22 Do you have a question (doubt) or anxiety for the Rare Sugar?

3. Non-parametric Test

Non-Parametric Test is executed concerning Q25 "Do you take interest in a diet?", Q26 "Are you careful for the health?" and Q27 "Do you take interest in the designated health food?". Cross tabulation is calculated for the items of Q32 "Sex", Q33 "Age" and Q36 "Lifestyle".

Significance probability is calculated as Table 2 ~ Table 4 for each case. Hatched parts in Table 2 ~ Table 4 are the Null Hypothesis rejected cases under 5% (*¹) or 10% (*²) significance level.

As Q7~Q8, Q10~Q22 are under ordinal scale, Kruskal Wallis Test is examined, which reflects order information. χ^2 Test is executed to Q1 • Q3~Q6 as they are under nominal scale.

		Item		Relation with the Rare Sugar						
			Q1	Q3	Q4	Q5	Q6	Q7		
			Know the Rare Sugar	Know its effectiveness	Heard or used the syrup which includes Rare Sugar "Rare Sugar Sweet"	Have used the Rare Sugar	Have eaten or drunk the food in which the Rare Sugar is included	Effect of the Rare Sugar		
	Q25	Diet	0.405	0.157	0.252	0.9	0.604	0.742		
C	Q26	Health	0.914	0.74	0.149	0.188	0.885	0.035 * 1		
Concern	Q27	Designated Health Food	0.631	0.661	0.033 * 1	0.754	0.783	0.618		
Attribute	Q32	Sex	$0.009 * ^{1}$	0.16	0.474	0.254	0.967	0.076 * 2		
and	Q33	Age	0.9	0.486	0.27	0.585	0.714	0.218		
Lifestyle	Q36	Lifestyle	0.225	0.944	0.936	$0.092 * ^{2}$	0.244	0.329		

Table 2. Relation with the Rare Sugar

From Figure 1, we can observe that the evaluation of Q7 "Effect of the Rare Sugar" is different by the degree of Q26 "Careful for the health" and we can also confirm that Q4 "Awareness of the "Rare Sugar Sweet" is different by the degree of interest in the designated health food (Q27).

We can also find that there is a difference in the evaluation of Q1 "Do you know the Rare Sugars?" and Q7 "Was the Rare Sugar effective after using it for more than one month?" by the Sex (Q32). Moreover we can find that there is a difference in Q5 "Have you drunk or eaten the food which includes the Rare Sugar?" by the difference of Q36 "Lifestyle".

Next, we show the graphical charts in which the Null Hypothesis rejected cases under 5% significance level.

① Q1 Do you know the Rare Sugars?

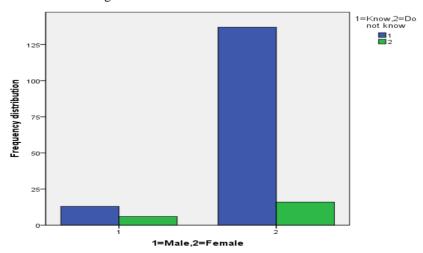


Figure 7. Do you know the Rare Sugars?-By sex

Female is dominant.

② Q4 Have you heard or used the syrup which includes Rare Sugar "Rare Sugar Sweet"?

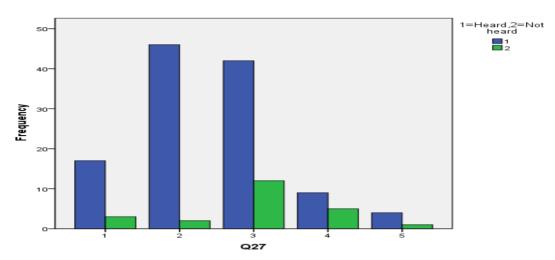


Figure 8. Have you heard or used the syrup which includes Rare Sugar "Rare Sugar Sweet"?-By the degree of interest in the designated health food

Those who have interest in the designated health food have heard or used the syrup which includes Rare Sugar "Rare Sugar Sweet".

③ Q7 Was the Rare Sugar effective after using it for more than one month?

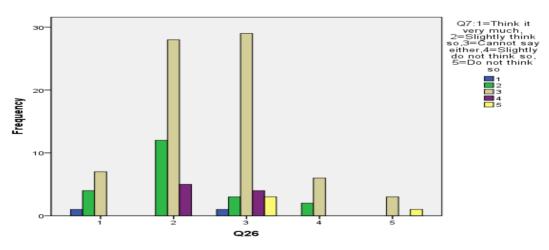


Figure 9. Was the Rare Sugar effective after using it for more than one month? By the degree of interest for the health

Those who have interest for the health evaluate the effectiveness of the Rare Sugar.

5.2 Q8-15 What Kind of Food Do You Want to Eat if the Rare Sugar Is Included?

For about the needs and the requirement about how to use the Rare Sugar, Q25 "Diet", Q26 "Health", Q27 "Designated Health Food", Q32 "Sex", Q33 "Age", Q36" Lifestyle" are placed and made crosstabs. Hypothesis Testing is executed for each case (Table 3).

Table 3.	Needs and	requirement	about how	to use the	Rare Sugar

		Item	Needs and requirement about how to use the Rare Sugar									
			Q8	Q10	Q11	Q12	Q13	Q13 Q14				
			Want to eat and drink the Rare Sugar	Want to use the Rare Sugar in the cooking	Can easily use it if there is a recipe	Want to know where I can buy it because I want to use it as a seasoning	Want to know where I can get information because I want to use it as a supplement	Want to know the hospital where the Rare Sugar is used as a tool for treatment	Want to know how long I should use it in order to confirm the effectiveness			
Concern	Q25	Diet	0.163	0.015 * 1	0.251	0.13	$0.002 * ^{1}$	0.091 * 2	0.902			
	Q26	Health	0.137	0.036 * 1	0.325	0.016 * 1	0.106	0.024 * 1	0.151			
	Q27	Designated Health Food	0.046 * 1	0.001 * 1	0.042 * 1	0.99	0.287	0.526	0.171			
Attribute	Q32	Sex	0.153	0.713	0.191	0.804	0.798	0.753	0.513			
and Lifestyle	Q33	Age	0.113	0.65	0.031 * 1	0.749	0.521	0.116	0.651			
	Q36	Lifestyle	0.152	0.535	0.772	0.596	0.232	0.745	0.829			

From Table 3, we can observe that such users requests as Q10 "Want to use it in the cooking", Q13 "Want to know where I can get information because I want to use it as a supplement", Q14 "Want to know the hospital where the Rare Sugar is used as a tool for treatment" are different by the degree of interest for diet (Q25). And we can observe that such users' requests as Q10 "Want to use it in the cooking", Q12 "Want to know where I can buy it because I want to use it as a seasoning", Q14 "Want to know the hospital where the Rare Sugar is used as a tool for treatment" are different by the degree of interest for the health (Q26). We can also find that there is a difference among Q8 "Want to try to eat or drink the food in which the Rare Sugar is included", Q10 "Want to use it in the cooking", Q11 "Can easily use it if there is a recipe" by the degree of interest in the designated health food (Q27).

As for the attribute, there is a difference in Q11 "Can easily use it if there is a recipe" by the difference of age (Q33). Next, we show the graphical charts in which the Null Hypothesis rejected cases under 5% significance level.

① Q8 Want to try to eat or drink the food in which the Rare Sugar is included-By the degree of interest in the designated health food

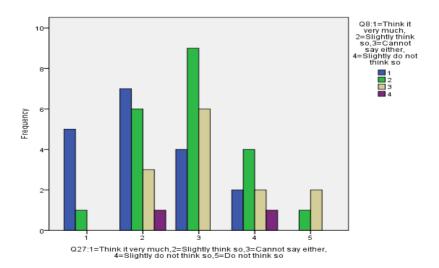


Figure 10. Q8 Want to try to eat or drink the food in which the Rare Sugar is included-By the degree of interest in the designated health food

Those who have in the designated health food want to try to eat or drink the food in which the Rare Sugar is

included-By the degree of interest

2 Q10 Want to use the Rare Sugar in the cooking-By the degree of interest for the diet

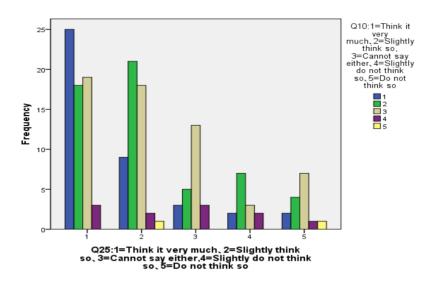


Figure 11. Q10 Want to use the Rare Sugar in the cooking - By the degree of interest for the diet

Those who have interest for the diet want to use the Rare Sugar in the cooking.

3 Q10 Want to use the Rare Sugar in the cooking-By the degree of interest for the health

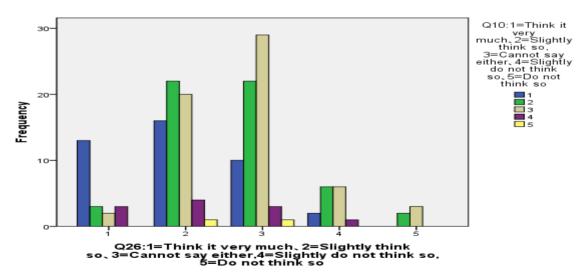


Figure 12. Q10 Want to use the Rare Sugar in the cooking-By the degree of interest for the health

Those who have interest for the health want to use the Rare Sugar in the cooking.

4 Q10 Want to use the Rare Sugar in the cooking- By the degree of interest in the designated health food

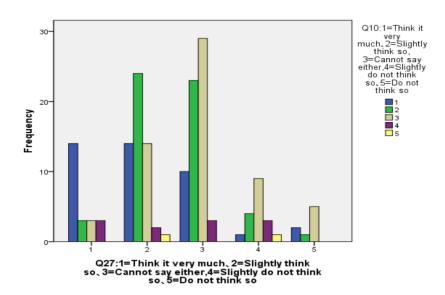


Figure 13. Q10 Want to use the Rare Sugar in the cooking- By the degree of interest in the designated health food

Those who have interest in the designated health food want to use the Rare Sugar in the cooking.

(5) Q11 Can easily use it if there is a recipe-By the degree of interest in the designated health food

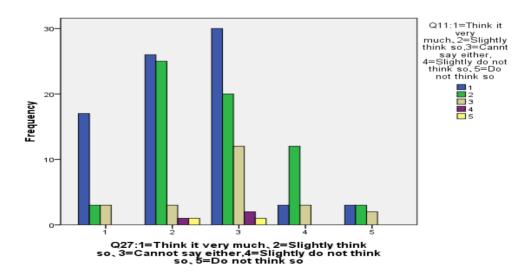


Figure 14. Q11 Can easily use it if there is a recipe-By the degree of interest in the designated health food

Those who have interest in the designated health food can easily use it if there is a recipe.

6 Q11 Can easily use it if there is a recipe-By age

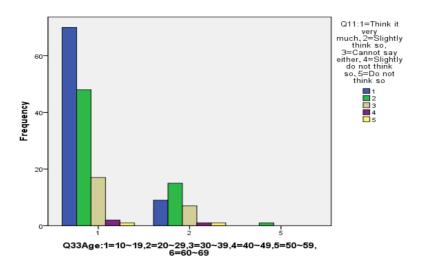


Figure 15. Q11 Can easily use it if there is a recipe-By age

Those who are 10th can easily use it if there is a recipe.

② Q12 Want to know where I can buy it because I want to use it as a seasoning - By the degree of interest for the health

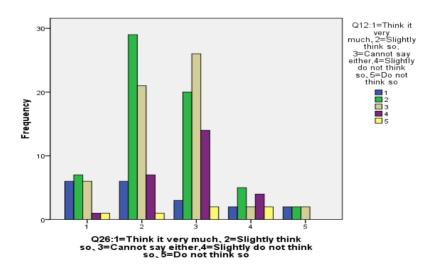


Figure 16. Q12Want to know where I can buy it because I want to use it as a seasoning-By the degree of interest for the health

Those who have interest for the health want to know where they can buy it because they want to use it as a seasoning.

Q13 Want to know where I can get information because I want to use it as a supplement-By the degree of interest for the diet

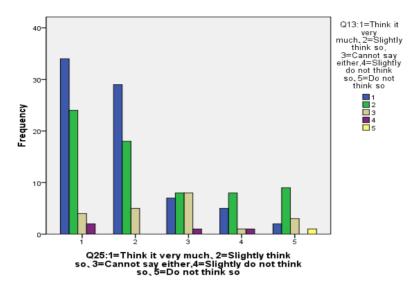


Figure 17. Q13 Want to know where I can get information because I want to use it as a supplement-By the degree of interest for the diet

Those who have interest for the diet want to know where they can get information because they want to use it as a supplement.

Q14 Want to know the hospital where the Rare Sugar is used as a tool for treatment- By the degree of interest for the health

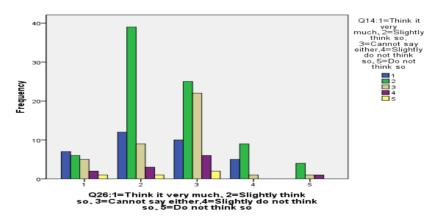


Figure 18. Q14 Want to know the hospital where the Rare Sugar is used as a tool for treatment-By the degree of interest for the health

Those who have interest for the health want to know the hospital where the Rare Sugar is used as a tool for treatment.

5.3 Q16~23 Do You Have a Question (Doubt) or Anxiety for the Rare Sugar?

For about the question(doubt) or anxiety for the Rare Sugar, Q25 "Diet", Q26 "Health", Q27 "Designated Health Food", Q32 "Sex", Q33 "Age", Q36" Lifestyle" are placed and made crosstabs. Hypothesis Testing is executed for each case (Table 4).

Table 4. Do you have a question(doubt) or anxiety for the Rare Sugar?

		Item			questic	n(doubt) or anx	iety for the Rar	e Sugar	
			Q16	Q17	Q18	Q19	Q20	Q21	Q22
			Not so popular	Seems to be expensive	Cannot grasp the concrete effect	Cannot have confidence that it is safe for anybody	Surrounding people do not use it so often	Cannot find the food in the shop in which the Rare Sugar is included	Cannot guess how I should use the Rare Sugar to what kind of cooking
Concern	Q25	Diet	0.138	$0.009 * ^{1}$	0.701	$0.022 * ^{1}$	$0.008 * ^{1}$	$0.014 * ^{1}$	$0.05 * ^{1}$
Concern	Q26	Health	$0.017 *^{1}$	0.146	0.4	$0.029 * ^{1}$	$0.051 * ^{2}$	0.11	0.001 * 1
	Q27	Designated Health Food	0.498	0.885	0.772	0.895	0.74	0.958	0.077 * 2
Attribute	Q32	Sex	0.043 * 1	0.121	0.002 * 1	0.127	0.215	0.281	0.004 * 1
7100110406	Q 33	Age	0.194	$0.011 *^{1}$	0.176	0.569	0.561	0.366	0.297
and Lifestyle	Q36	Lifestyle	0.242	0.333	0.125	0.73	0.417	0.501	0.422

From Table 4, we can observe that such users requests as Q17 "Seems to be expensive", Q19 "Cannot have confidence that it is safe for anybody", Q20 "Surrounding people do not use it so often", Q21 "Cannot find the food in the shop in which the Rare Sugar is included", Q22 "Cannot guess how I should use the Rare Sugar to what kind of cooking" are different by the degree of interest for diet (Q25). We can also find that there is a difference among Q16 "Not so popular", Q19 "Cannot have confidence that it is safe for anybody", Q20 "Surrounding people do not use it so often", Q22 "Cannot guess how I should use the Rare Sugar to what kind of cooking" by the degree of interest in the designated health food (Q26). Moreover we can also find that there is a difference in Q22 "Cannot guess how I should use the Rare Sugar to what kind of cooking" by the degree of interest for the health (Q27). And we can also find that there is a difference among Q16 "Not so popular", Q18 "Cannot grasp the concrete effect", Q22 "Cannot guess how I should use the Rare Sugar to what kind of cooking" by the sex (Q32).

As for the attribute, there is a difference in Q17 "Seems to be expensive" by the difference of age (Q33).

Next, we show the graphical charts in which the Null Hypothesis rejected cases under 5% significance level.

a) Q16 Not so popular-By the degree of interest for the health

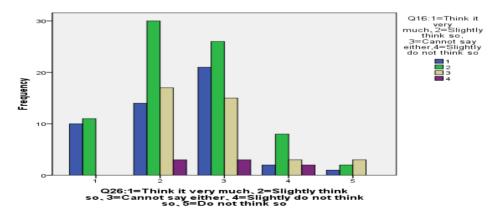


Figure 19. Q16 Not so popular-By the degree of interest for the health

Those who have interest for the health feel anxiety that it is not so popular.

b) Q16 Not so popular-By Sex

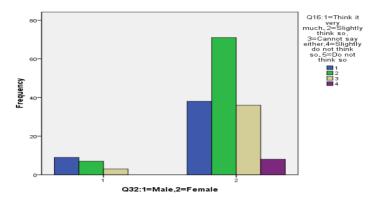


Figure 20. Q16 Not so popular-By Sex

Those who are male feel anxiety that it is not so popular.

c) Q17 Seems to be expensive-By the degree of interest for the diet

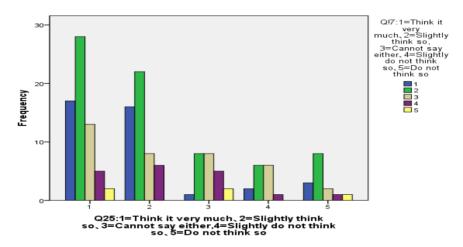


Figure 21. Q17 Seems to be expensive-By the degree of interest for the diet

Those who have interest for the diet feel anxiety that it seems to be expensive.

d) Q17 Seems to be expensive-By age

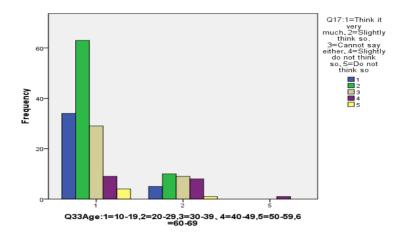


Figure 22. Q17 Seems to be expensive-By age

Those who are young feel anxiety that it seems to be expensive.

e) Q18 Cannot grasp the concrete effect-By Sex

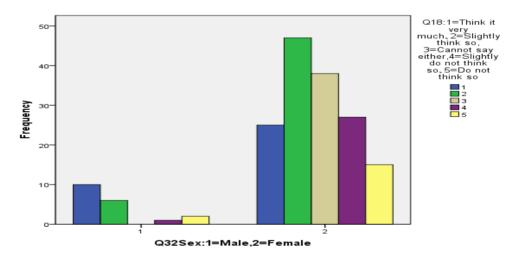


Figure 23. Q18 Cannot grasp the concrete effect-By Sex

Those who are male feel anxiety that they cannot grasp the concrete effect.

f) Q19 Cannot have confidence that it is safe for anybody-By the degree of interest for the diet

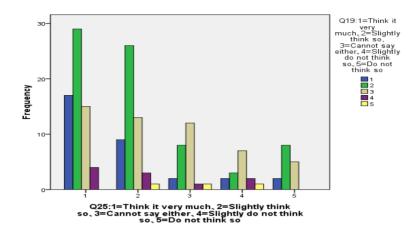


Figure 24. Q19 Cannot have confidence that it is safe for anybody-By the degree of interest for the diet

Those who have interest for the diet cannot have confidence that it is safe for anybody.

g) Q19 Cannot have confidence that it is safe for anybody-By the degree of interest for the health

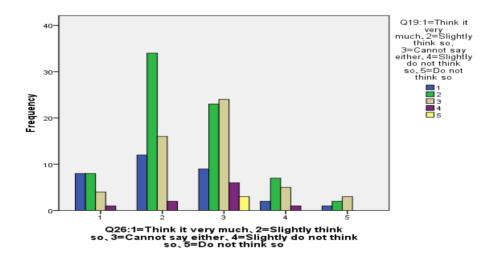


Figure 25. Q19 Cannot have confidence that it is safe for anybody-By the degree of interest for the health

Those who have interest for the health cannot have confidence that it is safe for anybody.

h) Q20 Surrounding people do not use it so often-By the degree of interest for the diet

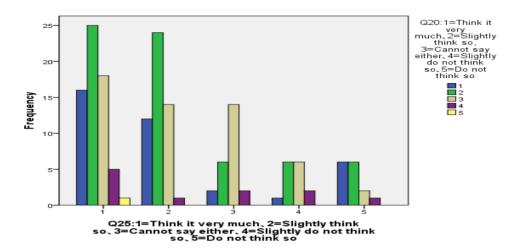


Figure 26. Q20 Surrounding people do not use it so often-By the degree of interest for the diet

Those who have interest for the diet feel anxiety that surrounding people do not use it so often.

i) Q21 Cannot find the food in the shop in which the Rare Sugar is included-By the degree of interest for the diet

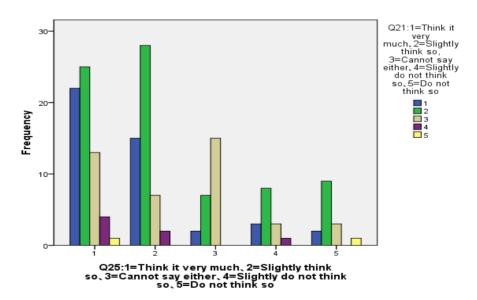


Figure 27. Q21 Cannot find the food in the shop in which the Rare Sugar is included-By the degree of interest for the

Those who have interest for the diet feel anxiety that they cannot find the food in the shop in which the Rare Sugar is included.

j) Q22 Cannot guess how I should use the Rare Sugar to what kind of cooking-By the degree of interest for the diet

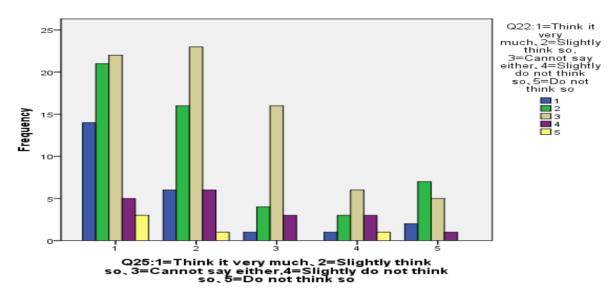


Figure 28. Q22 Cannot guess how I should use the Rare Sugar to what kind of cooking- By the degree of interest for the diet

Those who have interest for the diet feel anxiety that they cannot guess how they should use the Rare Sugar to what kind of cooking.

Q22 Cannot guess how I should use the Rare Sugar to what kind of cooking- By the degree of interest for the health

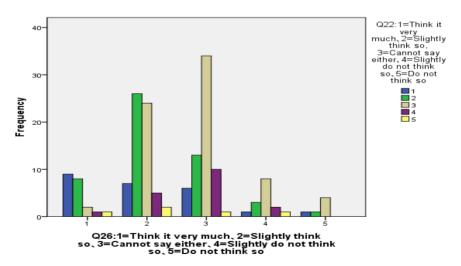


Figure 29. Q22 Cannot guess how I should use the Rare Sugar to what kind of cooking-By the degree of interest for the health

Those who have interest for the health feel anxiety that they cannot guess how they should use the Rare Sugar to what kind of cooking.

Q22 Cannot guess how I should use the Rare Sugar to what kind of cooking-By Sex

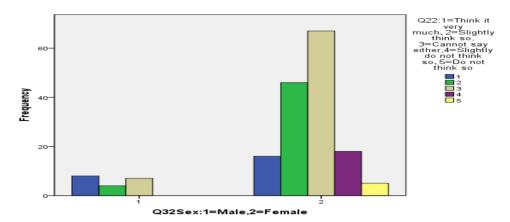


Figure 30. Q22 Cannot guess how I should use the Rare Sugar to what kind of cooking-By Sex

Those who are male feel anxiety that they cannot guess how they should use the Rare Sugar to what kind of cooking.

4. Conclusion

The Rare Sugars exist naturally and have many kinds (more than 50). They have good effect for health such as prevention of increasing the blood-sugar level after eating, suppression of fat accumulation, suppression of increasing the blood pressure, and anti-oxidative effect etc. It is in the spotlight for many people especially for those who are in the metabolic syndrome. There are few related papers concerning the marketing research and its utilization of this matter. In this paper, a questionnaire investigation was executed to the student of Kagawa Junior College in order to clarify consumers' current condition and their consciousness, and to seek the possibility of utilizing the Rare Sugars. Fundamental statistical analysis and Non-Parametric Test Analysis were performed.

From the Non-Parametric Test, we could derive the following results.

(1) We can observe that the evaluation of Q7 "Effect of the Rare Sugar" is different by the degree of Q26 "Careful for the health" and we can also confirm that Q4 "Awareness of the "Rare Sugar Sweet" is different by the degree of interest in the designated health food (Q27).

We can also find that there is a difference in the evaluation of Q1 "Do you know the Rare Sugars?" and Q7 "Was the Rare Sugar effective after using it for more than one month?" by the Sex (Q32). Moreover we can find that there is a difference in Q5 "Have you drunk or eaten the food which includes the Rare Sugar?" by the difference of Q36 "Lifestyle".

(2) We can observe that such users requests as Q10 "Want to use it in the cooking", Q13 "Want to know where I can get information because I want to use it as a supplement", Q14 "Want to know the hospital where the Rare Sugar is used as a tool for treatment" are different by the degree of interest for diet (Q25). And we can observe that such users' requests as Q10 "Want to use it in the cooking", Q12 "Want to know where I can buy it because I want to use it as a seasoning", Q14 "Want to know the hospital where the Rare Sugar is used as a tool for treatment" are different by the degree of interest for the health (Q26). We can also find that there is a difference among Q8 "Want to try to eat or drink the food in which the Rare Sugar is included", Q10 "Want to use it in the cooking", Q11 "Can easily use it if there is a recipe" by the degree of interest in the designated health food (Q27).

As for the attribute, there is a difference in Q11 "Can easily use it if there is a recipe" by the difference of age (Q33).

(3) We can observe that such users requests as Q17 "Seems to be expensive", Q19 "Cannot have confidence that it is safe for anybody", Q20 "Surrounding people do not use it so often", Q21 "Cannot find the food in the shop in which the Rare Sugar is included", Q22 "Cannot guess how I should use the Rare Sugar to what kind of cooking" are different by the degree of interest for diet (Q25). We can also find that there is a difference among Q16 "Not so popular", Q18 "Cannot grasp the concrete effect", Q22 "Cannot guess how I should use the Rare Sugar to what kind of cooking" by the degree of interest in the designated health food (Q26). Moreover we can also find that there is a difference in Q22 "Cannot guess how I should use the Rare Sugar to what kind of cooking" by the degree of interest for the health (Q27).

As for the attribute, there is a difference in Q17 "Seems to be expensive" by the difference of age (Q33).

These are utilized for constructing a much more effective marketing policy. Although it has a limitation that it is restricted in the number of research, we could obtain the fruitful results. To confirm the findings by utilizing the new consecutive visiting records would be the future works to be investigated.

Further study on this should be executed such as Bayesian Network Analysis. Various cases should be investigated here after.

Acknowledgements

The authors are grateful to all those who supported us for answering the questionnaire investigation.

References

- Hayashi, N., Iida, T., Yamada, T., Okuma, K., Takehara, I., Yamamoto, T., ... Tokuda M. (2010). Study on the postprandial blood glucose suppression effect of D-psicose in borderline diabetes and the safety of long-term ingestion by normal human subjects. *Biosci Biotechnol Biochem*, 74(3), 510-519. https://doi.org/10.1271/bbb.90707
- Hirata, Y., Saito, M., Tsukamoto, I., Yamaguchi, F., Sui, L., Kamitori, K., ... Tokuda, M. (2009, May). Analysis of the inhibitory mechanism of D-allose on MOLT-4F leukemia cell proliferation. *J. Biosci Bioeng*, 107(5), 562-568. https://doi.org/10.1016/j.jbiosc.2008.12.021
- Hossain, M.A., Kitagaki, S., Nakano, D., Nishiyama, A., Funamoto, Y., Matsunaga, T., ... Tokuda M. (2011, Feburary). Rare sugar D-psicose improves insulin sensitivity and glucose tolerance in type 2 diabetes Otsuka Long-Evans Tokushima Fatty (OLETF) rats. *Biochem Biophys Res Commun*, 405(1), 7-12. https://doi.org/10.1016/j.bbrc.2010.12.091
- Iida, T., Hayashi, N., Yamada, T., Yoshikawa, Y., Miyazato, S., Kishimoto, Y., ... Izumori, K. (2010). Failure of d-psicose absorbed in the small intestine to metabolize into energy and its low large intestinal fermentability in humans. *Metabolism*, 59(2), 206-214. https://doi.org/10.1016/j.metabol.2009.07.018
- Kajikawa, T., Tada, S., Kitanaka, A., Tokuda, M., & Taminat, T. (2010). Reactivity of rare sugar D-allose during glycation of human serum albumin. *J. Analy Bio-Sci.*, *33*(3), 227-236.
- Mitani, T., Hoshikawa, H., Mori, T., Hosokawa, T., Tsukamoto, I., Yamaguchi, F., ... Mori, N. (2009, August). Growth inhibition of head and neck carcinomas by D-allose. *Head Neck*, *31*(8), 1049-1055.
- Miyanishi, N., Sato, N., Nakakita, S., Sumiyoshi, W., Morimoto, K., Okuma, H., ... Hirabayashi, J. (2008, April). Development of an amperometric flow analysis sensor for specific detection of D-psicose. *Biosens Bioelectron*, 23(9), 1347-1352. https://doi.org/10.1016/j.bios.2007.12.003
- Murao, K., Yu, X., Cao, W.M., Imachi, H., Chen, K., Muraoka, T., ... Ishida, T.D. (2007, July). Psicose inhibits the expression of MCP-1 induced by high-glucose stimulation in HUVECs. *Life Sci.*, 81(7), 592-599. https://doi.org/10.1016/j.lfs.2007.06.019
- Nakamura, T., Tanaka, S., Hirooka, K., Toyoshima, T., Kawai, N., Tamiya, T., ... Miyamoto, O. (n.d). Anti-oxidative effects of D-allose, a rare sugar, on ischemia-reperfusion damage following focal cerebral ischemia in rat.
- Sui, L., Nomura, R., Dong, Y., Yamaguchi, F., Izumori, K., & Tokuda, M. (2007, Octomber). *Cryobiology Cryoprotective Effects of D-allose on Mammalian Cells*, 55(2), 87-92. https://doi.org/10.1016/j.cryobiol.2007.05.003
- Suna, S., Yamaguchi, F., Kimura, S., Tokuda, M., Jitsunari, F. (2007, September). Preventive effect of D-psicose, one of rare ketohexoses, on di-(2-ethylhexyl) phthalate (DEHP)-induced testicular injury in rat. *Toxicol Lett*, *173*(2), 107-117. https://doi.org/10.1016/j.toxlet.2007.06.015
- Yamada, K., Noguchi, C., Kamitori, K., Dong, Y., Hirata, Y., Hossain, M.A., ... Yamaguchi F. (2012, Feburary). Rare sugar d-allose strongly induces thioredoxin-interacting protein and inhibits osteoclast differentiation in Raw264 cells. *Nutr Res*, 32(2), 116-123. https://doi.org/10.1016/j.nutres.2011.12.010
- Yamaguchi, F., Kamitori, K., Sanada, K., Horii, M., Dong, Y., Sui, L., & Tokuda, M. (2008, September). Rare sugar D-allose enhances anti-tumor effect of 5-fluorouracil on the human hepatocellular carcinoma cell line HuH-7. *J Biosci Bioeng*, 106(3), 248-252. https://doi.org/10.1263/jbb.106.248
- Yamaguchi, F., Takata, M., Kamitori, K., Nonaka, M., Dong, Y., Sui, L., & Tokuda, M. (2008, February). Rare sugar D-allose induces specific up-regulation of TXNIP and subsequent G1 cell cycle arrest in hepatocellular carcinoma cells by stabilization of p27kip1. *Int J Oncol*, 32(2), 377-385.

Appendix. Questionnaire about the Rare Sugars

♦Questionnaire about the Rare Sugars **♦**

2015/6/15

The Rare Sugars exist naturally and have many kinds (morethan 50). They have good effect for health such as prevention of increasing the a blood-sugar level after eating, suppression of fat accumulation, suppression of increasing the blood pressure, and antioxidative effect etc. It is in the spotlight for many people especially for those who are in the metabolic syndrome.

the me	tabolic syndrome.									
Pleas	e select the appropriate item in each column.(Plural answers are allowed for Q2, 9, 24, 28. Select ①~(5) in the rig	ght colum f	or Q7, 8, 1	0-23, 25-27	.)				
	1.We ask you about the Rare Sugars.									
	1-1. Do you know the Rare Sugars?									
Q1	①Know ②Do not know (⇒ Proceed to Q8 who has selected ② and answer until to the last.)									
	1-2. We ask you who have selected ①. Where did you know the Rare Sugar? [Plural answers are allowed]									
Q2	①TV ②Magazine ③Newspaper ④Shop ⑤Vending Machine ⑥Seminar ⑦Internet ⑧Hear from another person ⑨Miscellaneous()									
	1-3. Do you know that the Rare Sugar has effect on obese prevention and/or diabetes prevention etc.?									
Q3	①Know ②Do not know									
	1-4. Have you heard or used the syrup which includes Rare Sugar "Rare Sugar Sweet"?									
Q4	①Heard ②Not heard									
Q5	①Used ②Not used									
ζ.	1-5. Have you drunk or eaten the food which includes the Rare Sugar?									
Q6	①Yes ②No									
07	1-6. We ask you who have selected ① in Q6.Was the Rare Sugar effective after using it for more than one	①Think it	@Slightly	3 Cannot	Slightly do	⑤Do not				
Q/	month? (⇒Proceed to Q9)	very much	think so	say either	not think so	think so				
Q8	1-7. We ask you who have selected ② in Q1,② in Q6. Do you want to try to eat or drink the food in which	①Think it	@Slightly	3 Cannot	4 Slightly do	⑤Do not				
`	the Rare Sugar is included?	very much	think so	say either	not think so	think so				
06	1-8. What kind of food do you want to eat if the Rare Sugar is included? [Plural answers are allowed]									
Q9	①Cake ②Juice ③Japanese food ④Western food ⑤Chinese food ⑥Miscellaneous()						
010	1-9.How do you want to use the Rare Sugar?	①Think it	@Slightly	3 Cannot	Slightly do	6Do not				
Q10	a. I want to use it in the cooking.	very much	think so	say either	not think so	think so				
Q11	b. I can easily use it if there is a recipe.	①Think it very much	②Slightly think so	③Cannot say either	Slightly do not think so	⑤Do not think so				
Q12	c. I want to know where I can buy it because I want to use it as a seasoning.	①Think it very much	②Slightly think so	3 Cannot say either	Slightly do not think so	⑤Do not think so				
Q13	d. I want to know where I can get information because I want to use it as a supplement.	①Think it	2Slightly	3 Cannot	♦ Slightly do	6Do not				
_		Think it	think so Slightly	3 Cannot	not think so Slightly do	6 Do not				
Q14	e. I want to know the hospital where the Rare Sugar is used as a tool for treatment.	very much ①Think it	think so ②Slightly	say either ③Cannot	not think so Slightly do	think so Do not				
Q15	f. I want to know how long I should use it in order to confirm the effectiveness.	very much	think so	say either	not think so	think so				
	1-10.Do you have a question(doubt) or anxiety for the Rare Sugar?	_	_	_	_	_				
Q16	a. It is not so popular.	①Think it very much	②Slightly think so	3 Cannot say either	Slightly do not think so	⑥Do not think so				
Q17	b. It seems to be expensive.	①Think it	2Slightly	3 Cannot	Slightly do	⑤Do not				
		verv much Think it	think so Slightly	3 Cannot	not think so Slightly do	(5) Do not				
Q18	c. I cannot grasp the concrete effect.	very much	think so	say either	not think so	think so				
Q19	d. I cannot have confidence that it is safe for anybody.	①Think it	@Slightly	3 Cannot	4 Slightly do	⑤Do not				
_		very much Think it	think so Slightly	3 Cannot	not think so Slightly do	(5) Do not				
Q20	e. Surrounding people do not use it so often.	very much	think so	say either	not think so	think so				
Q21	f. I cannot find the food in the shop in which the Rare Sugar is included.	①Think it very much	②Slightly think so	3 Cannot say either	Slightly do not think so	Do not think so				
022	I amount the Table and the Day Consequent of the defendation of	①Think it	②Slightly	3 Cannot	(4) Slightly do	⑤Do not				
Q22	g. I cannot guess how I should use the Rare Sugar to what kind of cooking?	very much	think so	say either	not think so	think so				
Q23	h. Miscellaneous (①Think it very much	②Slightly think so	3 Cannot say either	Slightly do not think so	⑤Do not think so				
	1-11.Choose the drink that you are interested in. [Plural answers are allowed]									
Q24	①aojiru ②OS-1(oral rehydration solutionDrink for sports) ④designated health drink ⑤drink with the Rare Su				1)				
Q25	1-12. Do you take interest in a diet?	①Think it very much	②Slightly	3 Cannot	Slightly do not think so	⑤Do not				
		①Think it	think so Slightly	3Cannot	not think so Slightly do	(5) Do not				
Q26	1-13. Are you careful for the health?	very much	think so	say either	not think so	think so				
Q27	1-14. Do you take interest in the designated health food?	①Think it very much	②Slightly think so	3 Cannot say either	Slightly do not think so	⑥Do not think so				
	1-15. Which method would be suitable for the Rare Sugar to become popular?		-			-				
	①TV CM ②Use Twitter,Facebook ③Advertisement by the company ④Spread the way of cooking ⑤Sell can	dy with the	Rare Suga	ır						
Q28	© Sell juice with the Rare Sugar © Restaurant at which the Rare Sugar is used in the cooking ® Use it in the foo				pplement 10	Make				
	promotion by utilizing famous sportsmen or entertainers)								
	2.What is your hobby? (Select only one in the right hand column)	(A) I ile - ia	@c1:-L+1	@0=#=						
Q29	2-1.Playing Sports: ①Baseball ②Football ③Tennis ④Golf ⑤Miscellaneous ()	①Like it very much	②Slightly like it	③Ordinary level						
Q30	2-2. Watching Sports: ①Baseball ②Football ③Tennis ④Golf ⑤Miscellaneous (①Like it very much	②Slightly like it	3Ordinary level						
Q31	2-3. Drinking: ①Beer ②Wine ③Japanese wine-sake ④Japanese liquor-shochu ⑤Whisky	①Like it	@Slightly	@Ordinary						
Q31	⑥Miscellaneous ()	very much	like it	level						

	3. We ask you questions about your current condition.
Q32	3-1. Sex: ①Male ②Female
Q33	3-2. Age: ①~19 ②20~29 ③30~39 ④40~49 ⑤50~59 ⑥More than 60
Q34	3-3. Occupation: ①Student ②Officer ③Company Employee ④Clerk of Organization ⑤Independents ⑥Part-timer ⑦Housewife ⑧Miscellaneous()
Q35	3-4. Address: ①Prefecture() ②City()
Q36	3-5. What kind of lifestyle do you like?: ①Outdoor ②Indoor ③Not either